That's Life:
Child Care
Clothing & Shoes
Self-Care



Sometimes you make choices in your life that will incur additional expenses.

That's Life!

Childcare

Childcare is an expense that most working parents with young children encounter.

Most children ages 11 and under require some sort of childcare if the parents are working.

If the children are school age they will most likely need before and after care.



Childcare

There are cost differences and benefits with various childcare options: **Weekly** pay-

After-School Babysitter- \$192 Nanny- \$766 Childcare center (daycare) - \$321 Afterschool programs - \$125 Relative Care



Clothing and Shoes

Clothing and shoes can be both a need and a want. We need them for protection but often, we want a large wardrobe or the latest styles.





Where do you purchase your favorite clothes or shoes?

• Department Stores

• Outlet Stores

Specialty Shops

• Big Box Stores

• Discount Retailers

• Re-sale Shops

What are the advantages and disadvantages of shopping at these different types of stores?



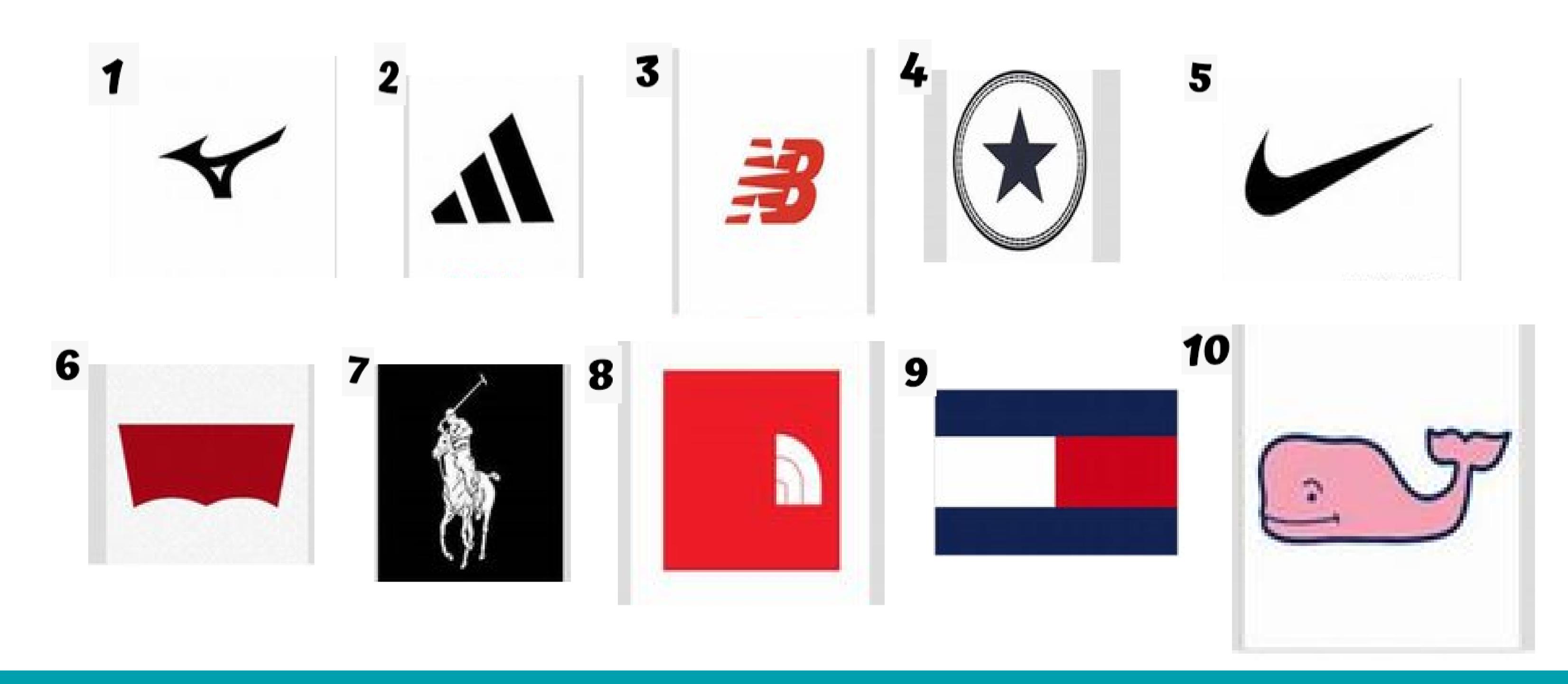
Time to Play the LOGO Game!

Test your knowledge of how many name brands you know.

On your dry erase board write as many of the brands you recognize by number.



Logo Game





ANSWERS

1.Mizuno 2.Adidas 3.New Balance 4.Converse 5.Nike 6.Levi's 7.Polo 8.North Face 9.Tommy Hilfiger 10.Vinyard Vines



Self-care

Self-care is important because it can help you live well and improve your physical and mental health.

- Reduce stress
- Increase energy
- Lower risk of illness
- Better sleep
- And much more......





Self-Care

Plan time to take care of your own well-being and happiness:

Yoga Music Reading

Massage Manicure Walking

Can you name other ways?



Child Care

Business ID: 584

Budget between \$55-\$1600

Clothing & Shoes
Self Care

Business ID: 371

Business ID: 600

